

ImuPro Basic tests 90 foods:

Cereals (with Gluten)

- Barley
- Gluten
- Oats
- Rye
- Spelt
- Wheat

Alternatives to Cereals

- Buckwheat
- Maize
(sweet corn)
- Millet
- Rice

Meat

- Beef
- Chicken
- Lamb
- Pork
- Turkey

Fish & Seafood

- Crayfish
- Ocean perch
- Pollock
- Salmon
- Tunafish

Milk Products

- Cow's milk
- Goat milk and
cheese
- Rennet cheese
(cow)
- Sheep milk
and cheese
- Sour-milk
products (cow)

Egg

- Chicken egg

Vegetables

- Beetroot
- Broccoli
- Carrot
- Celeriac
(knob celery)
- Chili Cayenne
- Courgette
- Cucumber
- Eggplant
- Kohlrabi
(turnip
cabbage)
- Leek
- Olive
- Onion
- Potato
- Red cabbage
- Sweet pepper
- Tomato

Salads

- Butterhead
lettuce
- Lamb's lettuce

Legumes

- Green bean
- Green pea
- Soybean

Mushrooms

- Meadow
mushrooms

Fruits

- Apple
- Apricot
- Banana
- Cherry
- Grape
- Kiwi
- Lemon
- Nectarine
- Orange
- Pineapple
- Strawberry
- Watermelon

Seeds & Nuts

- Almond
- Cashew kernel
- Cocoa bean
- Flax, Linseed
- Hazelnut
- Peanut
- Pistachio
- Poppy seed
- Pumpkin seed
- Sesame
- Sunflower
seed
- Walnut

Spice & Herbs

- Basil
- Cinnamon
- Garlic
- Horseradish
- Mustard seed
- Nutmeg
- Oregano
- Paprika
- Parsley
- Black pepper
- Rosemary
- Thyme
- Vanilla

Yeast

- Yeast
(beer, bread)

Tea

- Peppermint

Sweeteners

- Cane sugar
- Honey
(mixture)

Thickening Agents

- Guar flour
(E412)

