



Your Path to Informed Health Decisions



Food typically does not pose a direct threat to the body; rather, it is essential for providing the energy, nutrients, and micronutrients necessary for the normal functioning of cells and the overall organism. The human body has evolved a high level of tolerance to food proteins—provided they enter the body through the natural route via a healthy, intact gut barrier.

Maintaining an intact gut barrier is crucial for promoting immune tolerance to dietary proteins and preventing inappropriate immune responses. However, this barrier is constantly challenged by various ongoing aggressions, including:

- Infections
- Processed foods
- Inappropriate or poor dietary choices
- Long-term use of medications and drugs
- Dysbiosis (microbial imbalance)
- Exposure to heavy metals
- Psychological stress
- Alcohol abuse

These factors can compromise the integrity of the gut barrier, leading to increased intestinal permeability, often referred to as "leaky gut," which can trigger abnormal immune responses. When the immune system perceives food proteins as threats due to barrier dysfunction, it may develop Type III food allergies characterized by the production of IgG antibodies. This can contribute to low-grade chronic inflammation and a buildup of symptoms.

# Common Symptoms Of Food-related Immune Responses:

### Fatigue and Insomnia

Persistent tiredness despite adequate sleep

### Weight Changes

Both weight gain and weight loss

#### Body Pain

Muscle aches (myalgia) and joint pain (arthralgia)

#### Mood Disorders

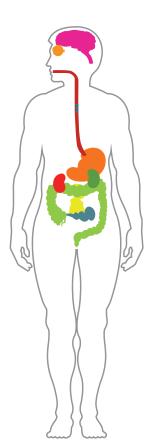
Depression, anxiety, and other mood disturbances linked to chronic inflammation

#### Gastrointestinal Issues

Constipation, diarrhea, acid reflux, and other digestive problems

#### Frequent Infections

A weakened immune system leading to increased susceptibility to infections





## Reliable Diagnosis with Blood Analysis – Introducing ImuPro

Fortunately, a trustworthy diagnostic tool exists: **ImuPro**, a blood test designed to identify IgG food allergies accurately. This innovative test provides personalized dietary guidance to support better health. ImuPro combines advanced laboratory analysis with tailored post-test support, allowing for targeted dietary adjustments that minimize unnecessary restrictions and enhance success rates.

Through comprehensive testing, high levels of IgG antibodies specific to certain food proteins are detected. Patients then receive detailed nutritional guidelines and professional support to facilitate effective, sustainable dietary changes.

## Why Choose ImuPro?



#### **Accurate and Reliable**

Supported by scientific research and clinical validation, ImuPro is a German-developed test you can trust.



#### **Expert Guidance**

A dedicated team of counselors helps interpret results and make informed dietary choices.



#### **Unlock Better Health and Energy**

Identifying food intolerances empowers you to make sustainable lifestyle changes that improve digestion, boost energy levels, support healthy weight management, and enhance overall well-being.



ImuPro Test is Proprietary of R-Biopharm, Germany and the tests are performed at CTL Laboratory in Germany.

Brought to India by



Dr. Bakshi's Advance Diagnostics LLP